



TENDIDO 1

DESDE 1997

PLAZA DE TOROS





# Tendido 1

restaurante

Since 1997 Tendido 1 is a reference in the grenadine gastronomy. Since then we continue to make every effort to improve every day and make your visit an experience unforgettable.

Our kitchen, based on traditional recipes innovated with current trends, is constantly evolving adapting to the demands of our customers.






In our restaurant we always use high quality ingredients to offer exquisite dishes that you can taste in our facilities located in an emblematic place.

We wish you enjoy a happy stay in our house.


*Lourdes Luzon*



## Iberian

	Indoors	Terrace
Assorment of iberian sausage (200g aprox.).....	23€	25,30€ 
<i>Cured pork sausage "Morcón" chorizo, salami, chorizo acorn-fed, cured ham, cured loin and acorn-fed sausage</i>		
5J Hand-cut iberian acorn-fed cured ham (90g aprox.).....  	29€	31,90€ 
Cured Iberian Bacon .....	8€	8,80€ 



## Granada

	Indoors	Terrace
Our charcuterie selection. (220g aprox.).....	16€	17,60€ 
<i>(cured ham, salami, head cheese, chorizo, sausage and blood sausage flavour)</i>		
·Alfacar bread with salmorejo Tendido 1.....	3,50€	3,80€

## Tendido 1 charcuterie plate


	Indoors	Terrace
Cheeses, pates, Granada cold cuts (350g aprox.).....	21€	23,10€ 

## Northern

	Indoors	Terrace
Cantabrian anchovies oo (unit).....	3,50€	3,90€ 
Santoña region smoked sardine on a bed of salmorejo (unit).....	4,50€	4,90€ 

## Spanish pates and cheeses

	Indoors	Terrace
Homemade partridge pate Tendido with pickle (100g aprox.).....	11€	12,10€ 
Granada cheeses plate. (130g aprox.).....	15€	16,50€ 
Spanish cheese plate. (230g aprox.).....	17€	18,70€ 
Spanish homemade pates and spanish cheese plate (300g aprox.).....	17€	18,70€ 
Sheep "Chillón" cheese (Toro-Zamora).....	16€	17,60€ 

 Suitable for celiacs / gluten free












## Spoon dishes


	Indoors	Terrace
Gazpacho with garnish <i>(seasonal)</i> .....	9€	9,90€
Maimones soup .....	10€	11,10€
Salmorejo <i>(cold tomato purée)</i> with olive ice cream, chopped serrano ham and crumbled hard-boiled egg.....	11€	12,10€

## Cold cold

	Indoors	Terrace
Tomato with dressing .....	10€	11€ 
Tomato with dressing and tuna or avocado .....	13€	14,30€ 
Old beef carpaccio with parmesan cloud .....	15€	16,50€ 
Fresh mixed greens, marinated salmon, avocado and fresh cheese .....	15€	16,50€ 
Mango slices with goat cheese, anchovies, honey and tomato jam .....	14€	15,40€ 
Our norwegian marinated salmon with tartar sauce <i>(Ask for gluten-free bread)</i> .....	15€	16,50€ 
<i>(dish prepared under the criteria of Royal Decree 1420/2006 on the prevention of anisakis parasitosis)</i>		
Italian burrata from Bali with tomato and basil .....	18€	19,80€ 

## Our croquettes





	Indoors	Terrace
5J iberian ham croquette <i>(6 units)</i> .....	13€ 	14,30€
Premium beef jerky croquettes with Wonder Farm feta cheese <i>(6 units)</i> .....	13€ 	14,30€
Monkfish and prawn croquettes <i>(6 units)</i> .....	13€	14,30€

 Suitable for celiacs | gluten free

## Hot hot

	Indoors	Terrace
Cristal prawns.....	9€	9,90€
Grilled selected vegetables .....	14€	15,40€ 
Scrambled eggs with cristal prawns .....	13€	14,30€
Grilled avocado with our dressing .....	15€	16,50€ 
Artichokes braised with tomato purée, basil and almonds (4 units).....	18€	19,80€ 
Fried artichokes with romesco sauce (4 units) .....	18€	19,80€
Piquillo peppers stuffed with monkfish and prawns (4 units).....	20€	22€
Tendido 1 “Flamenquín” .....	18€	19,80€
Artichokes with free range eggs and baited ham (4 units).....	18€	19,80€
	Indoors	Terrace

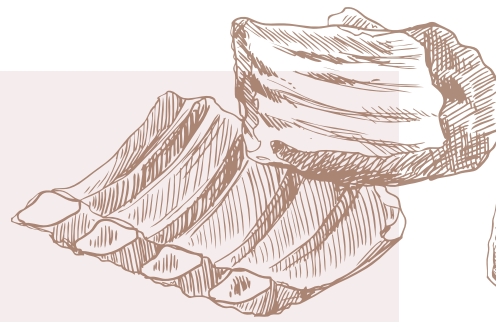
## From the sea

Norwegian salmon tartar (Ask for gluten-free bread) .....	17€	18,70€ 
<i>(dish prepared under the criteria of Royal Decree 1420/2006 on the prevention of anisakis parasitosis)</i>		
Grilled salmon with fresh spinach .....	18€	19,80€ 
Norwegian salmon on a bed of spinach .....	18€	19,80€ 
Cod with grandma’s tomato sauce .....	23€	25,30€
Gratin cod with alioli on a bed of spinach .....	23€	25,30€ 





# Our meats



After a 1/4 of a century working with charcoal DO meats of oak we can recommend our selection

## Pork (made in Oak's charcoal)

	Indoors	Terrace
Alfacar black pudding sautéed with pine nuts and raisins and fried egg .....	11€	12,10€
Pork loin tips with 4 cheeses .....	20€	22€
Pork shank braised with sauerkraut .....	21€	23,10€
Iberian picnic shoulder with "Salmorejo" and iberan ham .....	22€	24,20€
5J iberian pork loin in a Mozarabic sauce with vegetables cous cous..... <i>Cinco Jotas</i>	21€	23,10€

## Iberian meats assorment

	Indoors	Terrace
Tenderloin, select rib cut, loin strip, boneless rib strip and Catalan pork sausage "Butifarra" (for 2 people) .....	36€	39,60€

## El Capricho de León cellar



	Indoors	Terrace
Extra beef Premium.....	25€	27,50€
Old beef tenderloin (250gr aprox.).....	13€/100 gr	14,30€/100 gr
Steak tart (check with the waiter).....	25€	27,50€
Oak charcoal grilled old beef chop (100 days own maturated).....	80€/kg	88€/kg
Premium beef steak from Bodega El Capricho..... (por encargo) (exclusivad)	160€/kg	176€/kg

Suitable for celiacs | gluten free








## Other meats

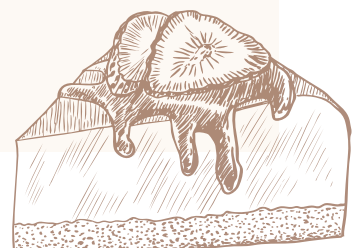
	Indoors	Terrace
Spicy chicken .....	16€	17,60€ 
Lamb sweetbread grilled or sauteed with garlic .....	19€	20,90€ 
Argentine steer tenderloin .....	11€/ 100 gr	11€/ 100 gr 
Tendido 1 bull tail .....	25€	27,50€ 
Sucking lamb shank .....	26€	28,60€ 
Oak charcoal grilled simmental beef tenderloin (40 days own maturated) (250gr aprox).....	11€/ 100gr	12,1€/100 gr 
Oak charcoal grilled ribeye steak (40 days own maturated) .....	70€/ /kg	77€/kg 

## Save room for dessert


Discover our selection of 100% homemade desserts that will sweeten your palate.

	Indoors	Terrace
Cheesecake .....	7€	7,70€ 
Tocino de cielo .....	7€	7,70€ 
Fried milk with ice cream .....	7€	7,70€
Homemade chocolate cake .....	7€	7,70€ 
Grandma's pie .....	7€	7,70€
Chocolate brownie with coconut ice cream .....	7€	7,70€
Tocino de cielo, flambe with Cointreau and tangerine ice cream ..	9,50€	10,45€ 

 Suitable for celiacs | gluten free



*Kitchen open from 12:00 to 00:30h*

 *Suitable for celiacs | gluten free*

*Ask for our allergen menu chart to our waiters*

*V.A.T. INCLUDED*

*Bread charge 2€ (in the barrels of the terrace & in dining room)*

***10% Terrace surcharge***



*¡Contigo desde 1997!*

*¡Gracias por visitarnos!*

## *Horario*

Lunes

*De 12:00 a 17:00h*

Martes

*Cerrado por descanso del personal*

Miércoles a Domingo

*De 12:00 a 1:00h*

*(ininterrumpido)*



LETÓN  
ALAO  
MOREJO  
DILLO  
DE TORO  
RICOS  
LETÓN  
ALAO  
MOREJO

# Tendido 1

restaurante

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